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FOR IMMEDIATE RELEASE

Frederick Health Wins National Awards from American Heart Association

Frederick, MD – February 27, 2025, At Frederick Health, the community can take comfort in knowing an expert team of healthcare professionals is on hand to offer excellent care. As the leading healthcare provider of emergency care in the area, especially emergency cardiac and stroke care, Frederick Health has worked diligently to improve access, develop new and innovative facilities to care for patients, and invested in expanding its team members and technologies. Ultimately, those investments lead to better patient outcomes and a healthier community.

As recognition of those efforts, Frederick Health has received three nationally recognized awards from the American Heart Association for implementing specific quality care improvement measures.

The awards are:

- **Get With The Guidelines® – Coronary Artery Disease STEMI Gold**
- **Get With The Guidelines® – Coronary Artery Disease NSTMI Gold**
- **Get With The Guidelines® – Stroke Gold Plus with Target: Stroke Honor Roll & Target: Type 2 Diabetes Honor Roll**

This is the fourth year in a row that Frederick Health has earned these awards.

The goal of Get With The Guidelines is to reduce system barriers to prompt, quick, reliable treatment for heart attacks, categorized as STEMI or NSTEMI, and stroke. Every year, hundreds of thousands of people experience heart attacks or a stroke. Last year, Frederick Health treated over 2,160 cardiac patients and over 500 stroke patients.

"Frederick Health is a leader in cardiac and stroke care. From innovative procedures to state-of-the-art facilities and a team of nearly a hundred trained and expert cardiac and stroke professionals, we are here to care for the needs of this community," said Amy Burrier, Director of Cardiac & Vascular Services with Frederick Health. "It is an honor for Frederick Health to be recognized for our dedication and excellence in treating cardiac and stroke patients."

Get With The Guidelines puts the expertise of the American Heart Association and American Stroke Association to work for hospitals nationwide, helping ensure patient care is aligned with the latest research- and evidence-based guidelines. Get With The Guidelines - Stroke is an in-hospital program for improving stroke care by promoting consistent adherence to these guidelines, which can minimize the long-term effects of a stroke and even prevent death.

"These awards show Frederick Health's commitment to caring for those in their community who need cardiovascular care," said Donald Lloyd-Jones, chair of the American Heart Association Quality Oversight Committee and chair of the Department of Preventive Medicine at Northwestern Medicine. "By

following the American Heart Association's quality improvement protocols, Frederick Health can help realize our shared vision of improved patient outcomes, fewer readmissions and lower mortality rates – a win for health care systems, families and communities.”

About Frederick Health

Frederick Health offers a wide range of healthcare services to the residents of Frederick County. The system includes Frederick Health Hospital, Frederick Health Medical Group, Frederick Health Employer Solutions, Frederick Health Home Care, and Frederick Health Hospice. Frederick Health Medical Group offers over 20 medical and surgical specialties, supported by a team of 175 expert providers. The system operates several ambulatory care locations across Frederick County, including ten primary care practices, four urgent care centers, eight outpatient labs, the James M Stockman Cancer Institute, and Frederick Health Village. With 4,000 team members, Frederick Health provides a full spectrum of healthcare and wellness services to support its mission to positively impact the well-being of every individual in our community.

For more information on how Frederick Health can keep your heart healthy, please visit www.frederickhealth.org/heartcare.

About Get With The Guidelines

Get With The Guidelines® is the American Heart Association/American Stroke Association's hospital-based quality improvement program that provides hospitals with the latest research-based guidelines. Developed with the goal of saving lives and hastening recovery, Get With The Guidelines has touched the lives of more than 14 million patients since 2001. For more information, visit heart.org.

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